

MEDIGIST

EMBRACE HEALTHY LIVING!

Frozen Shoulder ?

FIND YOUR
SOLUTION WITH
THE NEW
ALGORITHM
BASED
TREATMENT

HEALTH AWARENESS SERIES



MORE INFORMATION

SATTY HOMOEOPHYSIO CENTRE

+91 98411 83702

www.healthy100plus.in

A-41, New No.9, 6th Street,
Anna Nagar East, Chennai 600102



Frozen shoulder is a condition characterized by severe pain and restricted shoulder movement, significantly impacting daily activities. This debilitating disorder can make simple tasks like combing hair, scratching the back, or sleeping comfortably nearly impossible, as even slight hand movements can cause intense pain and disrupt sleep. Individuals with diabetes mellitus or thyroid disorders are at a higher risk of developing frozen shoulder.



DO YOU KNOW? THE VARMA TECHNIQUE

Varma Technique can defrost your frozen shoulder in weeks. It is a traditional Indian healing method that involves applying pressure to specific points on the body.

The therapy is a drugless, non-invasive therapy that can provide long-lasting results.



STAGES

1

Mild shoulder pain, whether accompanied or not by neck or arm pain, often signals the beginning of the freezing stage.

2

If left untreated, the condition advances to the frozen stage, marked by shoulder pain, joint stiffness, and limited range of motion. The most distressing aspect of this stage is that even slight hand movements during sleep can cause intense pain, often leading to sleep disturbances.

3

The pain may subside within 1 to 2 years; however, restoring full mobility and the original strength of the shoulder joint is difficult with conventional treatment. Additionally, conditions such as painful arc syndrome, acromion bursitis, cervical spondylosis, and certain cardiac diseases can also lead to shoulder pain.

Conventional Treatment



Conventional treatment typically involves anti-inflammatory medications, steroid injections, hydrodilation, and physiotherapy techniques such as wax therapy, ultrasound therapy, and shortwave diathermy. In severe cases, surgical intervention may be required. However, elderly individuals and those with comorbidities may struggle to tolerate these treatments, potentially worsening their condition.

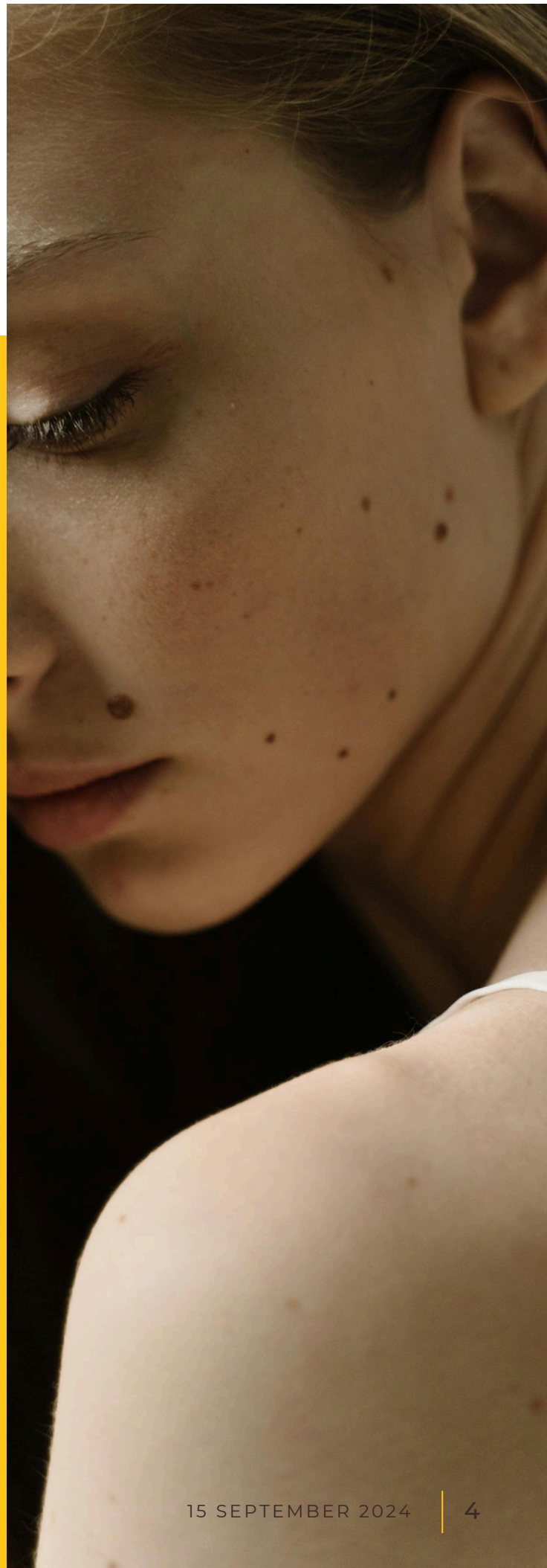
SHPC's New Algorithm Based Homoeopathic Treatment Protocol

As previously mentioned, various conditions can lead to shoulder pain.

*The **New Algorithm-Based Protocol** accurately diagnoses the underlying condition, eliminating the need for unnecessary investigations.*

With over 100 homeopathic remedies available for shoulder pain, the algorithm identifies the most suitable medicine for each patient. When combined with the New Varma technique, therapeutic exercises, herbal medicines, and other joint treatments, the results are truly remarkable. investigations.

These algorithm-based treatment protocols are highly personalized and effective. In general, the recovery time correlates with the duration of the condition, making early intervention crucial. Even mild shoulder pain should not be ignored.



Author's Profile



Dr. S Alwin Babu

B. H. M. S., PH.D

Dr. Alwin has 24 years of clinical experience in Homeopathic Treatment. He developed a successful 'New Combined Therapy' for all joint related diseases, preventing hundreds of proposed joint surgeries. He also has developed the most successful 'New Algorithm-Based Protocols' for all major diseases.

His "New Prevention Prevails" protocols address both communicable and lifestyle diseases, emphasizing proactive health management. As the Publisher and Editor of 'MEDIGIST', a health magazine Dr. Alwin aims to raise health awareness among his patients and the public. He is also the Founder of M. V. S Trust Medical Foundation, which supports the underprivileged by operating charitable clinics.

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